

# **JULY 2024 NEWSLETTER**

# **MOVING?**

## **IMPROVERS'S SESSIONS**

Plans are afoot to get these sessions underway. They will be based on a 'self-help' style where participants will be provided with information to read and short videos to watch, before attending the sessions. A few senior players will play as well and answer questions at the end of play. Dates will be advertised soon.

#### **DEALING WITH MISTAKES**

(From an article by Rob Barrington)

\*\*\* Always try to do a post-mortem of your games (but not at the table!). Look for any opportunities for improvement in each deal and don't forget to celebrate some brilliant play as well.

\*\*\* Seek advice and guidance from players you respect. They are almost always willing to help you in your journey and some can be truly amazing mentors.

\*\*\* Start to notice how emotions (particularly negative ones) can creep in after a particularly brutal mistake and then recognise that you need to move forward. Take a few deep breaths and try to put that mistake behind you along with those emotions and get ready to play a new deal. You will have plenty of time to work through these emotions after the game is over.

\*\*\* Try to recognise how emotion can cause leaks in your game (e.g. start to play more quickly, lose concentration, etc.) and rectify them. Then make a concerted effort to avoid this.

Please inform the club secretary of any change of address so that our records can be updated and kept accurate.

#### **FIRST AID KIT**

It has been suggested that the kit be kept somewhere more visible and accessible. It's now been placed on top of the cubby holes nearest the main entrance. Please remember to put it back there after using it.

# **FUN AFTERNOONS for Novices and Juniors**

There are two coming up: Saturday 3rd August @ 1pm and Saturday 28<sup>th</sup> September @ 1pm \$10 per person.

Afternoon tea will be provided and there'll be plenty of prizes too.

Call a friend cards will also be distributed (two for novices and one for juniors).

These sessions are very relaxed, informative and thoroughly enjoyable. Don't miss out! Please contact Alison Hucker to register ph. 021 062 4460. She'll also help find partners.

#### **PARKING**

Just a reminder to those who are able-bodied to please park further away from the club's entrance so there are more parking places close to the entrance for less agile folk.

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# **CLUB HISTORY**

The Committee have approved a history of our club to be written, following on from the 2000 book (which most people will be unaware of) and incorporated in the latest edition. This is in view of many events since then: shifting club rooms, the effect of Cyclone Gabrielle (with the loss of many of our possessions), endeavouring to establish a permanent "home" and the extensive fund raising and hard work involved to get us where we are now. In addition, 2025 will mark our Jubilee - 50 years in existence.

Many people with stories to tell are making contributions to the book and we welcome others to share theirs's too. Currently, Carol Fraser and Ash Fitchett are concentrating on life member stories. If you have a story to share, please speak to either of them.

Ash, with his expertise, has agreed to edit the stories and piece them all together.

The more stories imparted, the richer the history.

#### A WARM WELCOME

It's great to have new members joining:

Louise Curd - 027 424 3932 Tina Duley - 022 163 7679 Elizabeth Ericksen-Hengst - 027 370 3592 Julie Huckson - 021 629 955 Marcia Anderson - 021 124 5113 Trevor James - 022 300 7291

# **BEING SEATED**

Just a reminder that all players are requested to please be seated 10 minutes before a session is due to start. It makes the convenor and director's jobs so much easier, prevents delays and having to make last minute changes.

#### MAHINE CREAGH

It was an ideal way to spend a bleak, rainy afternoon. The event was well supported (despite winter ills) with 52 members participating.

Congratulations to sisters, Lyn Bowcock and Shona Richards who took out 1st place.



#### **SMILE AWHILE ....**

Why did the bridge player wear sunglasses? Because their partner was playing in clubs.



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